



Never Fear The Frying Pan is Here!

Frozen Ready Made Meals.

Phone order between 9am-5pm.

Options for pick up, or delivery to the Falls Creek Village.

Each meal comes in a 1 Litre container (approx. 2-4 serves per container)

0491 492 482

TAKEAWAY MENU

SUNSHINE THAI YELLOW CHICKEN CURRY \$28

With Chicken Thigh, Sweet Potato, Eggplant and Spinach. Served with Coconut Rice.

GF. DF

ORGANIC TOFU THAI CURRY \$28

With Organic Tofu, Sweet Potato, Eggplant and Spinach. Served with Coconut Rice.

GF. DF & VE

FRAGRANTLY SPICED LAMB "MOUSSAKA" \$28

Featuring luscious Eggplant slices and Ricotta. GF

GREENIE GOODNESS SOUP \$18

Featuring Split Peas, Leek, Fennel, Broccoli and Mint. VE, GF & DF.

INDIAN INSPIRED PUMPKIN SOUP WITH COCONUT

\$18 VE & GF

HEARTY BEEF & RED WINE LASAGNE \$25

Slow cooked with Onion, Rosemary, Pasta Sheets and Bechamel Sauce.

2 GENTLY BRAISED DUCK LEGS IN A COQUA VIN SAUCE

\$30

With Field Mushrooms, Red Wine, Thyme, Green Peas and Haricot Beans. GF & DF

HEARTY ROASTED VEGETABLE LASAGNE \$25

With Roasted Autumn Vegetables and Bechamel Sauce. V

MUMMA'S CHICKEN SOUP \$18

Featuring Pearl Barley and Vegetables. GF & DF.

BOTTLE SHOP

Cans and Bottled Beer, Wines, RTDs and Ciders all available for takeaway and home delivery