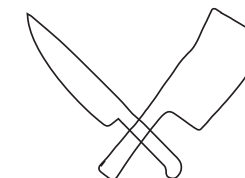


FRYPANINN.COM.AU



LUNCH MENU 11:30AM - 2PM

SNACKS + SIDES

SOURDOUGH GARLIC BREAD	12
CHEESY GARLIC BREAD	15
CHICKEN WINGS GF DF *	450G 25 1KG 45
CAULIFLOWER WINGS DF VE V	26
choice of flavours - served w ranch dip: buffalo ", house BBQ, naked, creole lime ', moroccan ', salt & vinegar, sweet chilli, lemon pepper, reaper ""	
choice of flavours - not served w ranch dip: PB&J, japanese BBQ (not v, ve), honey mustard, korean gochujang "" (not gf)	
POPCORN SHRIMP GF DF *	24
louisiana style battered prawns, remoulade, lemon	
CHARGRILLED BROCCOLINI GF DF V VE *	18.5
lemon, toasted almonds, persian feta	
CLASSIC CHIPS GF DF VE	15
house BBQ sauce	
CURLY CORN RIBS GF DF VE	17
creole seasoning, lime	
CHILLI CHEESE FRIES GF DF *	22.5
slow cooked chilli con carne, cheese, avocado crema	

WOODFIRED GRILL

ALL SERVED WITH APPLE SLAW AND FRIES

BABY BACK PORK RIBS GF DF	FULL RACK 600G+ 50
	HALF RACK 300G+ 34
CREOLE GRILLED CHICKEN THIGHS GF DF	36
creole & lime spice rub	
300G DUKKAH CRUSTED LAMB BACKSTRAP GF DF	47
served w/cheremoula	

BURGERS

ALL SERVED WITH CHIPS | GF BUN +2

BOGONG BURGER GF DF *	29
fire grilled 100% beef patty, bacon, american cheese, pickles, house mac sauce	
MCKAY CHICKEN BURGER GF DF *	29
fire grilled creole chicken, avocado crema, apple slaw, pickled onion, tomato	
FEATHERTOP BURGER GF V	29
fried haloumi, maple pumpkin, rocket, pickled onion, tomato relish	
NELSE BURGER VE GF *	28
roasted soybean falafel, tomato relish, pickled onion, lettuce, vegan spicy mayo on a potato bun	
POPCORN SHRIMP PO BOY	32
louisiana style popcorn shrimp, lettuce, tomato, pickled onion & remoulade on a sourdough garlic baguette	

KIDS

ALL SERVED WITH CHIPS

HAMBURGER GF DF *	18.5
CHEESEBURGER GF DF *	
GRILLED CHICKEN BREAST GF DF	
FRIED HALOUMI V GF	
ROASTED SOYBEAN FALAFELS VE GF	

ORDER via the
ME&U beacon on your table



HEALTH BOWLS

POKE BOWL LG DF VE	23
coconut rice, edamame, cucumber, seaweed, pickled cabbage, carrot & daikon, citrus wasabi dressing	
add poached chicken + 9, add chargrilled broccolini + 6.5, add roasted soybean falafels (3) + 8.5, add soy sesame tofu + 6.5	
EARTH BOWL GF DF V VE *	22
mixed organic leaves, persian feta, mediterranean vegetables, tomato, cucumber, pickled onion, maple balsamic dressing & candied walnut	
add poached chicken + 9, add chargrilled broccolini + 6.5, add roasted soybean falafels (3) + 8.5, add popcorn prawns + 10	
BULKING BOWL GF DF	28
coconut rice, poached chicken breast, chargrilled broccolini, topped with crispy shallots, sweet soy glaze	
add roasted soybean falafels (3) + 8.5, add popcorn prawns + 10	
FALAFEL BOWL V VE *	22
house made roasted soybean falafels (3), tzatziki dip, garden salad, with toasted garlic pita bread	
add poached chicken + 9, add chargrilled broccolini + 6.5, add roasted soybean falafels (3) + 8.5	
FPI'S BIG BEEF CHILLI GF V VE *	28
14hr slow cooked chilli con carne, rice, corn salsa, tomato, avocado lime crema & crispy shallots w/ pita chips	

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All sauces house made. All produce ethically sourced.

GF gluten free **GF** ***** gluten free on request **LG** low gluten
DF dairy free **DF** ***** dairy free on request
V vegetarian **VE** vegan **VE** ***** vegan on request

The Frying Pan Inn cannot guarantee an allergen free kitchen.
Our kitchen contains nuts, gluten and dairy.
Please inform our staff of any allergies and we will take extra care.