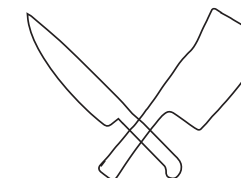


FRYINGPANINN.COM.AU



LUNCH MENU 11:30PM - 2PM

SNACKS + SIDES

- CHICKEN WINGS** GF* DF* 450G 26 | 1KG 48
CAULIFLOWER WINGS DF VE V 26
choice of flavours - served w ranch dip: buffalo ", naked, creole lime ', moroccan ', salt + vinegar, lemon pepper, reaper """"
choice of flavours - not served w ranch dip: house BBQ, honey mustard, blue cheese, sweet chilli
- CLASSIC CHIPS** GF DF VE 15
house BBQ sauce
- CURLY CORN RIBS** GF DF VE 17.5
creole seasoning, lime

WOODFIRED GRILL

- ALL SERVED WITH CHIPS + CREAMY APPLE SLAW
- BABY BACK PORK RIBS** FULL RACK 600G+ 54
house BBQ sauce HALF RACK 300G+ 35
- CREOLE + LIME CHICKEN THIGHS** GF DF 38
slow cooked chicken thighs, fire finished
- 250G HERB + SUNFLOWER CRUSTED LAMB TENDERLOINS** GF DF 46
served with muhammara

BURGERS

- ALL SERVED WITH CHIPS | GF BUN +2
- BOGONG BURGER** GF* DF* 29.5
fire grilled 100% beef patty, bacon, american cheese, pickles, house mac sauce
- MCKAY CHICKEN BURGER** GF* DF* 29.5
honey mustard chicken schnitzel, lettuce, tomato, pickled onion, aioli on a milk bun
- NELSE BURGER** VE GF* 29.5
roasted soybean falafel, tomato relish, pickled onion, lettuce, vegan spicy mayo on a potato bun

KIDS

- ALL SERVED WITH CHIPS 18.5
- HAMBURGER** GF* DF*
- CHEESEBURGER** GF* DF*
- GRILLED CHICKEN BREAST** GF DF
- ROASTED SOYBEAN FALAFELS** VE GF

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HEALTH BOWLS

- EARTH BOWL** GF DF* V VE* 24
mixed organic leaves, persian feta, mediterranean vegetables, tomato, cucumber, pickled onion, maple balsamic dressing + candied walnut
add poached chicken + 9, add chargrilled broccolini + 6.5, add roasted soybean falafels (3) + 8.5
- BULKING BOWL** GF DF 28
coconut rice, poached chicken breast, chargrilled broccolini, topped with crispy shallots, sweet soy glaze
add roasted soybean falafels (3) + 8.5
- FALAFEL BOWL** V VE* 24
house made roasted soybean falafels (3), tzatziki dip, kabees, house salad, with toasted garlic pita bread
add poached chicken + 9, add chargrilled broccolini + 6.5, add persian feta + 6.5
- FPI'S BIG BEEF CHILLI** GF V* VE* 29
14hr slow cooked chilli con carne, rice, corn salsa, tomato, avocado lime crema + crispy shallots

Frying Pan Inn cannot guarantee an allergen free kitchen. Inform staff of any allergies and we will take extra care.

GF gluten free GF* gluten free on request LG low gluten
DF dairy free DF* dairy free on request
V vegetarian VE vegan VE* vegan on request